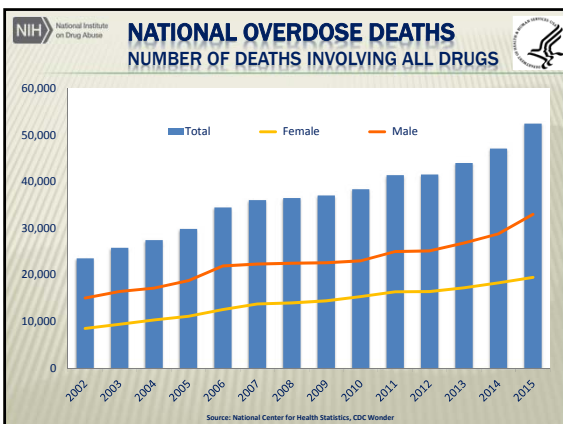


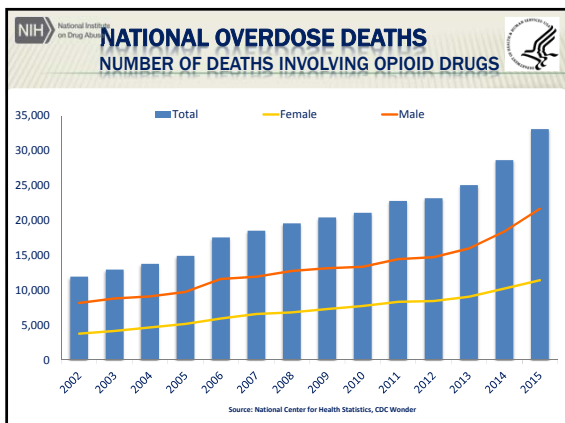
STIGMA, OPIOID USE, OVERDOSE AND HIV; WHAT'S THE CONNECTION?

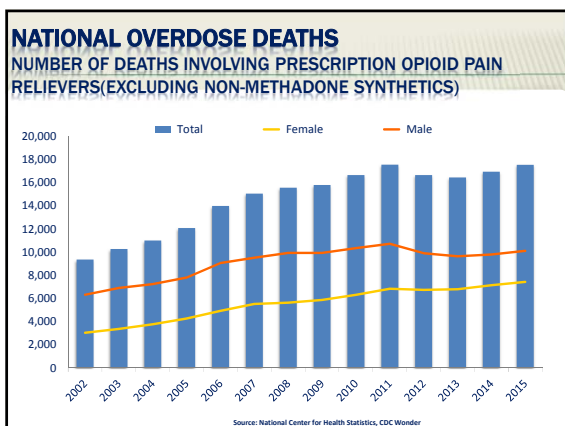
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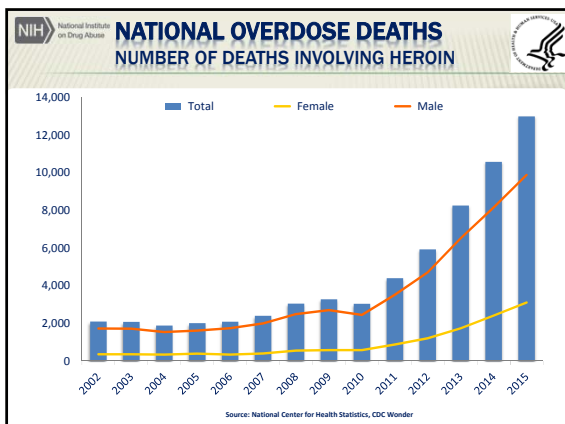
LEARNING OBJECTIVES

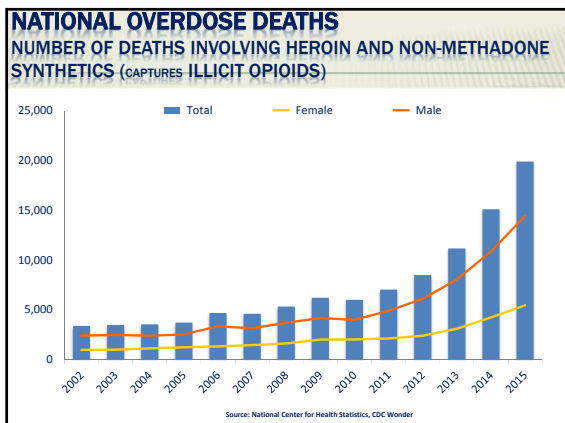
- ✦ Increase understanding of Substance Use Disorders (SUD) as a chronic medical condition.
- ✦ Become familiar with the stigma of SUD and the concurrent discrimination people with Opioid Use Disorder (OUD) experience.
- ✦ Become familiar with how opioids differ from other illicit /non-prescribed medications.
- ✦ Correlate behavioral health providers and patients misconceptions with patient overdose.
- ✦ Discuss how our language reflects our concepts of SUD Treatment and Recovery

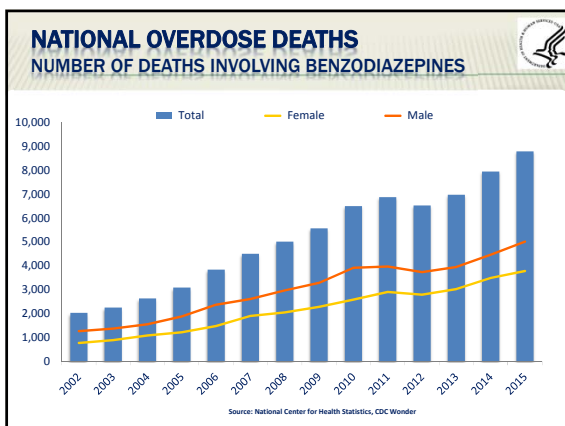


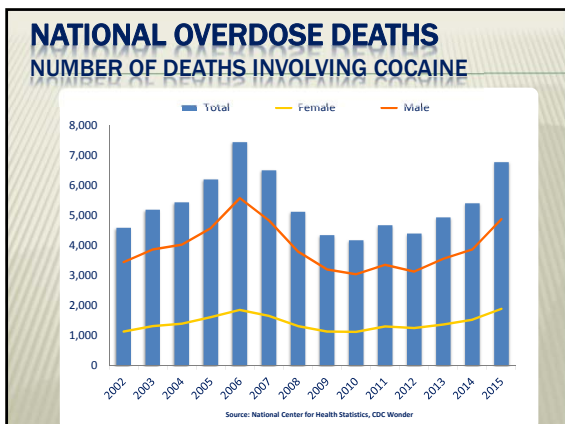


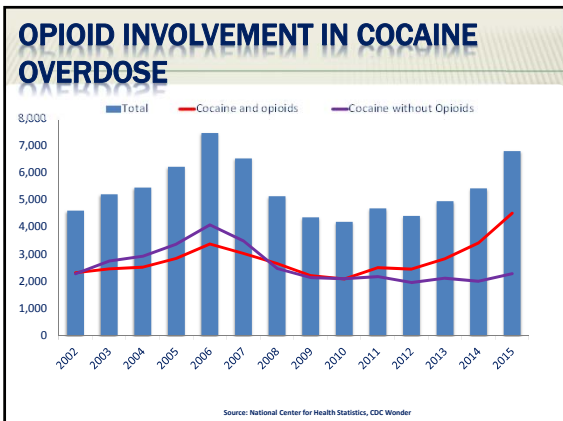


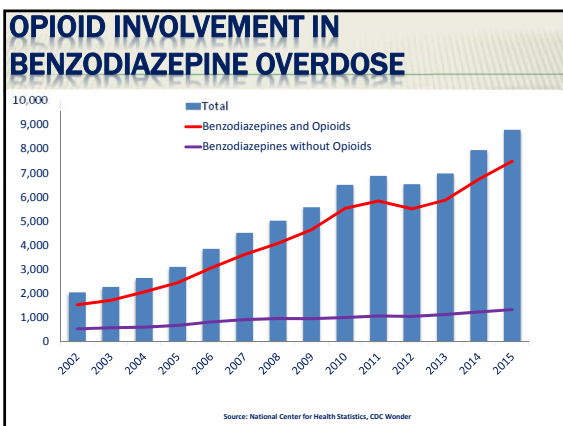












SO WHAT ABOUT ALCOHOL?

Drinking too much can harm your health. Excessive alcohol use led to approximately 88,000 deaths and 2.5 million years of potential life lost (YPLL) each year in the United States from 2006 - 2010, shortening the lives of those who died by an average of 30 years. Further, excessive drinking was responsible for 1 in 10 deaths among working-age adults aged 20-64 years. The economic costs of excessive alcohol consumption in 2010 were estimated at \$249 billion, or \$2.05 a drink.

CDC Alcohol & Health Fact Sheet (2018)

2015 OVERDOSE DEATHS BY STATE

SOURCE - National Institute for Drug Abuse

State	Total Overdose Deaths	Prescription Narcotics	Synthetic Opioids	Heroin
Alabama	343	126	157	124
Florida	2,798	1,183	1,566	669
Georgia	918	536	277	226
Kentucky	989	429	465	311
Mississippi	180	103	45	33
North Carolina	1,505	695	601	544
South Carolina	628	381	237	115
Tennessee	1,186	739	395	260


[HTTPS://www.drugabuse.gov/drugs-abuse/opioids/opioid-summaries-by-state](https://www.drugabuse.gov/drugs-abuse/opioids/opioid-summaries-by-state)

INJECTION DRUG USE AS METHOD OF INFECTION FOR NEW CASES OF HIV IN 2016

State	IDU%	MSM/IDU%
Alabama	4	1.9
Florida	4	2
Georgia	3	2
Kentucky	3	3
Mississippi	3	1
North Carolina	3	1.2
South Carolina	5	1
Tennessee	4	3
National	9	3

The Opioid Crisis: A Changing Epidemic

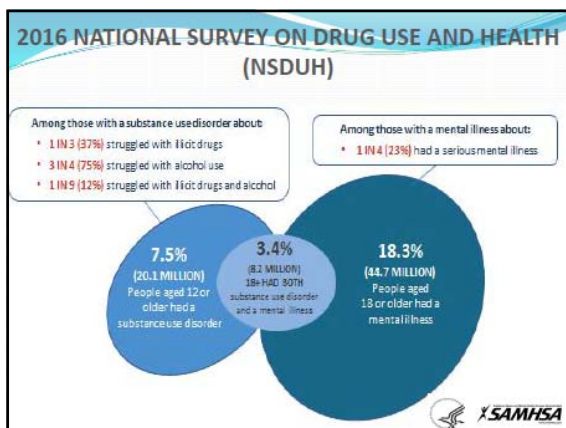
- Roots in the over prescribing of opioid painkillers
- Since 2011 overdose deaths from Rx opioids have leveled off, deaths from heroin and fentanyl are rising fast
- Present: several states where the drug crisis is particularly severe, including Rhode Island, Pennsylvania and Massachusetts, fentanyl is now involved in over half of all overdose fatalities
- 2011-forward: Increased regulation of prescribing practices, introduction of abuse deterrent opioid analgesics, heroin use doubled
- Recent studies: 80% of heroin users started abusing Rx opioids and transitioned to heroin because prescription painkillers were more difficult to obtain and more expensive than heroin



NUMBER OF PRESCRIPTIONS FOR PAIN MEDICATION PER 100 PEOPLE

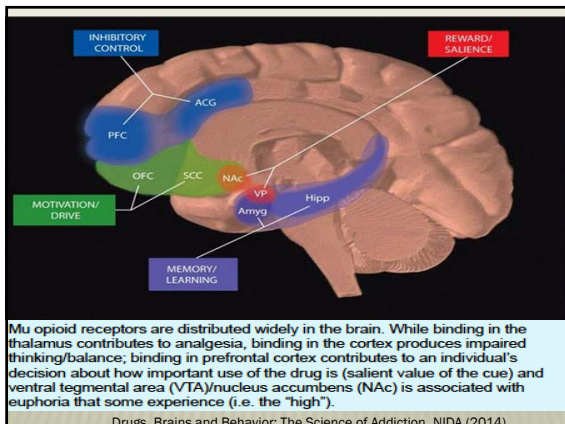
State	2013	2015
Alabama	141	120
Georgia	91	77.1
Florida	73	62.8
Kentucky	128	97
Mississippi	120	107.5
North Carolina	97	86.6
South Carolina	102	109
Tennessee	143	118.3

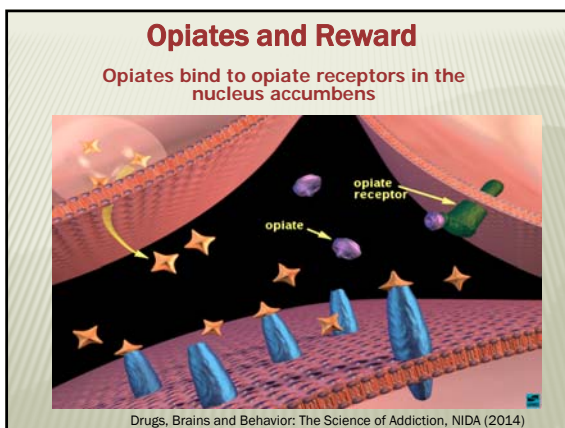
SOURCE – National Institute for Drug Abuse (2018)



WHAT IS ADDICTION?

Is it willful misconduct
or
Is it a Medical Condition?



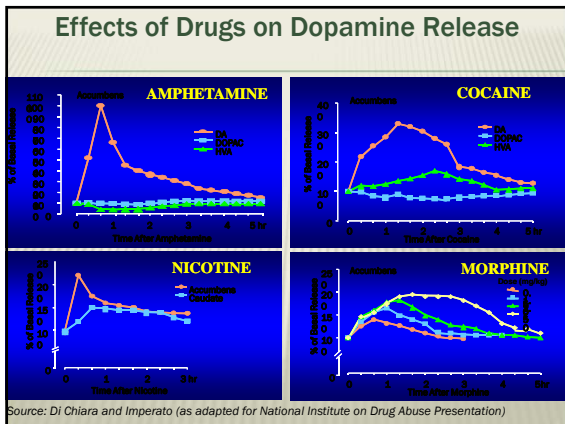


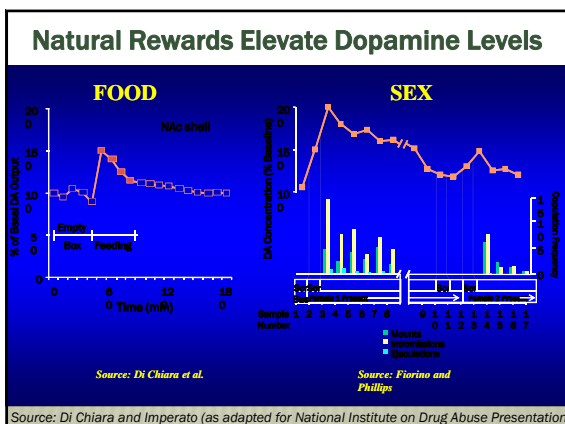
ADDICTION IS.....

A dysregulation of the midbrain dopamine (salience/ reward) system due to unmanaged stress resulting in symptoms of decreased functioning.

Specifically:

1. Loss of control
2. Craving
3. Persistent drug use despite negative consequences





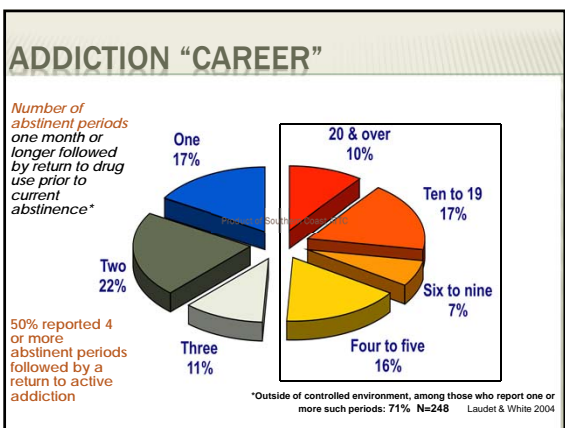
TYPES OF CHRONIC DISEASES

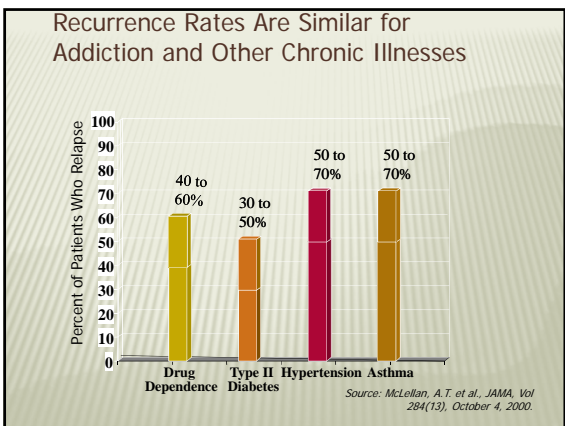
- ✘ Hypertension
- ✘ Asthma
- ✘ Diabetes
- ✘ Addiction

Chronic Disease Treatment

FOR EACH OF THE CHRONIC DISEASES LISTED, ANSWER THE FOLLOWING QUESTIONS:

- WHAT IS THE TREATMENT
- WHAT IS THE GOAL OF TREATMENT
- WHAT HAPPENS IF THE PATIENT IS NONCOMPLIANT WITH TREATMENT
- WHEN IS THE PATIENT DISCHARGED FROM TREATMENT





WHAT ARE THEY?

- ✦ Opiate: derivative of opium poppy
 - + Morphine
 - + Codeine
 - + Opium
- ✦ Opioid: any compound that binds to opiate receptors
 - + Semisynthetic (heroin=derived from morphine, buprenorphine from Thebaine, oxy + hydrocodone, oxy + hydromorphone)
 - + Synthetic (Dextropropoxyphene, Fentanyl, Methadone, Tramadol)

“We Can’t Fight This Epidemic Without Removing Stigma”

President Barack Obama
Charleston, West Virginia
October 21, 2015

STIGMA

Stigma – A mark of disgrace or infamy associated with a particular circumstance, quality or person.

SHAME

A painful feeling of humiliation or distress caused by the consciousness of wrong or foolish behavior. It is differentiated from guilt in that guilt involves a behavior, shame involves the intrinsic sense of one's self. Guilt- I behaved badly; Shame - I am bad.

LEVELS OF STIGMA

- ✘ Legal vs. Illicit
- ✘ Type of illicit substance used
- ✘ Method of Use
- ✘ Medications to treat Opioid Use Disorder

CELEBRITY ADDICTION

- ✘ When the actor Phillip Seymour Hoffman died the description was "found half naked on the bathroom floor with a needle hanging out of his arm."
- ✘ If that had been a heart attack would they have said half naked on the bathroom floor with a BigMac in his hand and French fries scattered across the floor?

Watch your thoughts,
 they become words
 Watch your words,
 they become actions,
 Watch your actions,
 they become habits
 Watch your habits,
 they become character
 Watch your character,
 it becomes your destiny
 Anon.

Language of Recovery

Current Terminology	Alternative Terminology
Treatment is the goal; Treatment is the only way into Recovery	Line of multiple pathways into recovery
Untreated Addict/Alcoholic	Individual not yet in Recovery
Substance Abuse	Substance Use Disorder/Addiction
Drug of Choice / Abuse	Drug of Use
Denial	Amnesia
Relapse Prevention	Recovery Management
Pathology Based Assessment	Strength / Asset Based Assessment
Focus is on total abstinence from all illicit and non-prescribed substances the CLINICIAN identifies	Focus on the drug CLIENT feels is creating the problem
A Drug is a Drug is a Drug	Each client substance use condition is unique with the brain; medication if available is appropriate
Relapse	Recurrence/Return to Use
Relapse is part of Recovery	Recurrence/Return to Use may occur as part of the illness
Clean / Sober	medication
Self Help Group	Mutual Aid Group
Drug Overdose	

Revised 7/16/16