**MI Conversation Role Play Activity 3**

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| **Healthcare Professional** | **Patient** | **Change(C)or Sustained(S) Talk** | **Open-ended?**  **√** | **Affirmation**  **√** | **Reflection**  **S-Simple**  **C-Complex** |
| Welcome. I’m glad to see you. What’s been going on for you so far today? | Ah…hey. Actually, I almost didn’t come in. I think I saw someone I know in the parking lot. |  |  |  |  |
| I’m really glad you told me this. It showed a lot of courage coming here. I know when I saw you last you told me that your biggest fear is having someone who knows you learn that you are HIV-positive. What did you do to be successful in your goal to meet with me when you were faced with such worry? | I guess I waited a bit. I saw them drive away. I almost walked away from the building, but then I thought…wow, you really need this appointment man. This worker (you) was pretty cool and I could really use the help right now. |  |  |  |  |
| You took a really big step when you walked through that door today. How would it be if we started to talk about what brought you in today…HIV and your health? | Well, okay, I guess… |  |  |  |  |
| How do you feel about your health right now? | I’ve had a couple of treatments for syphilis and gonorrhea in the past year. I’ve not been feeling great…kind of tired. Not much energy. |  |  |  |  |
| What do you think about that? | I don’t know, I guess it makes me feel afraid. |  |  |  |  |
| Afraid. | Yes, you know…worried that maybe something bad is happening inside of me. |  |  |  |  |
| What kinds of “bad things” come to mind for you? | I’m only 29 years old. I wonder if the HIV is starting to make me sick. Is it too late to start medication? I’ve been positive for almost 2 years. And now with the new COVID-19…I’m worried. |  |  |  |  |
| So, you are possibly feeling the effects of the HIV on your body and this is starting to really worry you. You wonder if you were to go on HIV medication now if you would feel better and maybe do better. | Yes, that’s right. I didn’t realize that I would start to feel poorly so soon...tired and all. Maybe I made a mistake not taking the HIV medication sooner. |  |  |  |  |
| If you had known back then what you are feeling now you may have made a different choice about taking HIV medication. | Yeah, that’s it. No one really told me. I’ve been having a lot of fun, but something has to be different going forward. |  |  |  |  |
| You think it’s time to make a change in your plan about treating your HIV. | Guess that’s it. I don’t think I can tell my current partner about my status either…his last partner was positive, but luckily, he didn’t get HIV from him. |  |  |  |  |
| I can see that you have a lot on your mind right now and I want to give you time to discuss all your concerns, but I wonder what you think would be most helpful to you right now? | I know I need to see one of the medical providers and probably start on HIV meds. I guess I should start there. What do you think? |  |  |  |  |
| Your immediate plan sounds like a good one. It is never too late to start on HIV medication. What do you think about seeing a provider today while you are here in the clinic? How long can you stay? | I can stay for a while. This is important. I told my partner I would be home late. No one is waiting on me. |  |  |  |  |
| Tell me, honestly, how important starting on HIV medication is to you right now? | Pretty important I’d say. |  |  |  |  |
| On a scale of 0-10 with 0 being not important at all and 10 being of high importance what number would you say? | I’m an 8, no… I’m a 9. |  |  |  |  |
| 9 you say, that is extremely high, almost off the scale. Tell me why you didn’t pick the number 7? | Because I’ve really got to do this for me. I don’t want my life to go downhill at 29. There’s more I want to do. |  |  |  |  |
| You came here today with worry that your health is declining and with a plan to do something about it. You even faced and managed to overcome one of your biggest fears related to disclosure and people finding out about you having HIV. You are a 9 and highly ready to start taking HIV medication and you really want it to work so you can feel better and have a healthier future. Did I get all of this right? | You did and I really want to start taking HIV medication as soon as possible. I might need to talk to more about my partner and how I should handle things with him. He wants to get off of PrEP, but I don’t think he should do that. |  |  |  |  |
| Absolutely, let’s make good use of your time while you are here. You are bringing up a very important issue as it relates to your partner and you. It sounds like you are concerned about his health as well. I will let the provider know you are with me in my office so he can call us when he is free to see you about starting on HIV medication today. We will talk more about your concern for your partner while you wait to see the provider. | Yeah, that works for me. Thanks. |  |  |  |  |
| **Chart Documentation**  **Coaching Session 2** |  | | | | |