




HIV & Oral Health:

Barriers to Oral Health and The First Dental Visit

Make it Count

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Presenter & Acknowledgements

- Mark Schweizer, DDS, MPH
- No financial relationships with commercial entities to disclose
- This slide set has been peer-reviewed to ensure that there are no conflicts of interest represented in the presentation




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Learning Objectives

By the end of this session, the learner will be able to:

- Discuss how to help patients and the dentist prepare for their dental visit.
- Describe, what patients expect at their first dental appointment
- Discuss how to address fear for dental patients
- Discuss barriers to care for Oral Health Care for PLWH



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Barriers

- 90% of HIV-infected individuals will have at least one oral manifestation attributed to HIV infection during the course of their disease
- 19% of HIV-infected individuals in medical care had a perceived unmet need for dental care in the preceding 6 months and unmet dental care needs were more than twice as prevalent as unmet medical care needs.



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Barriers and Facilitators to Care for PWH

<ul style="list-style-type: none">▪ Barriers▪ Dental anxiety and fear▪ Difficult administrative procedures▪ Long waiting time▪ Problem focused care▪ Transportation▪ Dentist's reluctance to treat people like them▪ Psychological issues	<ul style="list-style-type: none">▪ Facilitators▪ Dental coverage▪ Being treated with respect and acceptance▪ Having an assigned case manager or social worker
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First Dental Visit



What to do before the patient's appointment?

1. Confirm the appointment. Before anything, make sure they have all the right information.
2. Let the patient know what they are coming for.
3. Ask them to come 15 minutes early
4. Explain your office policies
5. Tell them what information to bring
6. Be Open, Honest and show patience.



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What the patients and the provider should expect at their dental appointment?

1. Treat patients with courtesy, respect, and openness.
2. You might ask the patient to rinse and wash their hands before they are seated.
3. Take the blood pressure and pulse
4. Give the patient an opportunity to ask a few questions and respond in an honest and open manner.
5. Take a thorough medical, dental, and social history.
6. Conduct a thorough intra oral and extraoral exams
7. Radiographs/x-rays
8. An examination of their teeth and gums

Important-ask questions

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The Plan of Care



Here are the main elements of a treatment plan.

- Diagnostic Summary. Your provider will review your substance use patterns, medical history, and mental health conditions. ...
- Problem List.
- Goals.
- Objectives.
- Interventions.
- Tracking and Evaluating Progress.
- Planning Long-Term Care.

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Dental Fear and Anxiety



- Dental anxiety is common, but there are ways to help you manage it.
- Dental phobia is less common, and your dentist might need to work with your doctor and other health professionals to manage it.

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National Coordinating Resource Center

The AETC NCRC website aidsetc.org includes:

- Free virtual library with training and technical assistance materials
- Program directory for AETC Program
- Calendar of AETC trainings and other events
- Online learning and training tools



The AETC NCRC Social Media Channels:

- Free [Facebook](#), [Twitter](#), [YouTube](#), [LinkedIn](#), and [Pinterest](#)
- HIV Care Tools mobile app coming soon!*




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THANK YOU FOR ATTENDING!





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